

Coach's Corner

CRASH!

Many people come to me and ask - how can I get more power in my 9-ball break? Here are some important points in improving your break so you can achieve the power to "hurt" the balls.

Most amateurs fail in their endeavors to hurt the balls because of a fast backswing. This does not help, infact, it will only severely limit your forward power.

Here are some positive tips to remember -

- * Stand up straighter - this will give your body more power.
- * Lengthen the bridge an inch or two and use the entire length of the bridge in slow back motions, saving your power for the forward stroke.
- * Aim head on and do not use follow, draw, left or right english. Using any kind of spin on the cue ball will decrease the acceleration and thus lessen your power.
- * Check your aim before beginning your slow back swing to crash the balls.

Instructional Editor
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Now, you've crashed the balls - where did your cueball end up? Ideally it should bounce back toward you and stop about a foot or two from the rack in the center of the table. Watch the pros, they will always try and leave the cue ball in the center of the table. If the cue ball consistently comes back to you, you're aiming to low and if it follows you are aiming to high on the ball.

Remember - *Stand up a little straighter, *Use longer bridge, *Aim dead center, *Take a slow backswing and CRASH THOSE BALLS! ▲